

What does EMDR treat?

- Post-Traumatic Stress Disorder (PTSD)
- Complex Post-Traumatic Stress Disorder (C-PTSD)
- Disorders of Extreme Stress (DESNOS)
- Depression
- Dissociative Disorders
- Phobias
- Complicated Grief
- Addictions
- Anxiety Disorders
- Performance anxiety or enhancement
- Treatment of Children
- Couples Therapy
- Chronic Illness and Somatic Disorders
- Eating Disorders

What SEXUAL ISSUES does EMDR help with/treat?

- PTSD and C-PTSD from sexual trauma/abuse/assault
- Depression and anxiety
- Sexual anxiety
- Dissociation during sex
- Fear of Sex
- Aversion to sex, sexual aversion
- Grief and loss related to an unrelated to but affecting sexual functioning
- Sexual addiction, sexual compulsivity, problematic sexual behavior
- Sexual performance anxiety
- Couples and relationship sexual therapy
- Chronic sexual pain and chronic sexual illness
- Chronic illness that has sexual effects
- Somatic processing issues around sexual functioning