

Sexuality, Love and intimacy Affirmations

Sexuality

I'm at peace with my own sexuality

I am willing to let love in.

All is well.

I love and accept my beautiful body.

It is the perfect size and shape for me.

I rejoice in my sexuality.

My sexuality is a wonderful gift.

I love being creative.

I am safe.

It is safe to be myself.

I love all of my body.

I trust in the life processes to keep me safe.

I am safe to be me in all situations.

I rejoice in my individuality.

It is safe for me to explore my sexuality.

Sex is tender, loving and joyful.

Genitals are normal, natural and beautiful.

I am always fulfilled and satisfied sexually.

My genitals are perfect for me.

I let go of limiting beliefs and accept myself totally.

I express my desire's with joy and freedom.

My body was meant to experience sexual pleasure.

My partner reflects the love I have for my body.

I am divinely protected.

I love myself and my sexuality.

I am at peace.

I am gentle with my body and so is my partner.

I give myself permission to enjoy my body.

Love and intimacy

Love surrounds me.

I am loving, lovable, and loved.

I am lovable and worth knowing.

I am always secure in love.

It is safe for me to open my heart and to let love in.

It is safe for me to share my innermost self with others.

I love and accept myself and I am safe.

Love is eternal.

Love makes me feel safe.

It is safe for me to be in love.

We are always equal partners.

We each take care of ourselves.

People love me when I am myself.

I am worthy of love.

I go beyond my parents' limitations.

Loving myself and others gets easier every day.

The more I love, the safer I am.

My partner and I respect each other's decisions.

I now create a long lasting, loving relationship.

I gave myself permission to experience intimate love.

I see myself in a new light.

I deserve and expect all good in my life.

I am a loving, worthwhile person and I love myself.

All is well in my world.