

Word Inventory. Sexy or not.

Our perception of a word or a phrase can change based on the context in which a word is used, when and where the word is said and the mindset we are in when we say, hear or think a word. Words/phrases can create different feelings and reactions based on the context and mindset in which the word is used. Some words can trigger a sexual response, and some do not. In one context a word might be a big turn on to hear, say or even think about, but in a different context the word may feel a little off putting or even vulgar.

Below is a list of some words and phrases that you may or may not perceive as sexy words. Take some time on your own and review the list, placing a check mark next to the words that you perceive as sexy and hot, if the context was that you were in a sexy and turned-on mood.

Then, go back through the list of words that you selected and indicate the words, that if heard or said outside of a sexy, turned-on mindset you would not find sexy to say, hear, or think about.

Example, for some people the word “cum” sounds very hot and sexy when they are in a sexual mood/ context. The word “cum” would then receive a check mark next to it. However, that same word may feel disrespectful or crude if the word was used in a different context or setting, such as not feeling sexually turned on at the time. In which case the word “cum”, that has a check mark next to it will now also receive a line drawn through it, indicating that outside of a sexual context the word “cum” is not of interest and perhaps would even seem offensive.

Once you individually have gone through the list and checked marked and crossed through the words of your choice, compare your list with your partner. This is a great opportunity to discover some words that you did not know were a turn on for your partner and vice versa.

Allow this exercise to be a bridge to expand each other’s sexual vocabulary and to have some fun!

*Feel free to add additional words to your list. Space is provided at the end of the list.

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|--------------------------------|-------------------------------------|---------------------------------|
| <input type="radio"/> cock | <input type="radio"/> sex | <input type="radio"/> penis |
| <input type="radio"/> fuck | <input type="radio"/> making love | <input type="radio"/> erect |
| <input type="radio"/> blow job | <input type="radio"/> getting it on | <input type="radio"/> prick |
| <input type="radio"/> dick | <input type="radio"/> bisexual | <input type="radio"/> balls |
| <input type="radio"/> pussy | <input type="radio"/> blue balls | <input type="radio"/> ball sack |
| <input type="radio"/> vagina | <input type="radio"/> scrotum | <input type="radio"/> asshole |
| <input type="radio"/> vulva | <input type="radio"/> cunnilingus | <input type="radio"/> anus |

- naked
- nude
- panties
- kitty-cat
- purring
- dominate
- yummy
- naughty
- stiff
- intimate
- intimacy
- tight
- jiggle
- virgin
- restrain
- wet
- bulge in your pants
- harder, baby
- masturbate
- bad girl
- bad boy
- spanking
- fuck bunny
- big dick in my mouth
- go down on me
- feel you inside me
- explode inside
- fuck me
- fuck me harder
- taste your cum
- making you cum
- daddy
- mommy
- degrade
- fantasies
- use me
- own me
- slap my ass
- between my legs
- panties get wet
- fill me up
- breasts
- nipples.
- cum in my mouth
- deeper
- pull my hair
- slap me
- bitch
- punish
- pin me down
- moan
- tongue
- dripping down
- rough
- going down
- pleasure
- hard
- tease
- sex play toy
- fuck my pussy
- suck my breasts
- bend me over
- like an animal
- naked
- throbbing
- tie me up
- moist
- stimulate
- orgasm
- butt plug
- vibrator
- cock ring
- sex toy
- penis
- cream pie
- semen
- ejaculated
- slit
- cooter
- beaver
- clitoris
- head shaft
- deep throating
- doggy-style
- edging
- face-sitting
- genitals
- fingering
- touching
- licking
- kissing
- sucking
- fetish
- hand job
- foot job
- lubricant
- making out
- pee
- shit
- golden shower
- gagging
- shallowing
- kink
- BDSM
- dominant
- submissive
- foreplay
- hickey
- suck
- bursting
- labia
- lips
- aroused
- friction
- friction
- thrusting
- MILF
- missionary
- grinding
- motorboating
- vaginal lips
- nipple stimulation
- nipple clamp
- orgy
- pegging
- period
- butt
- menstruating
- quickie
- queefing
- rimming
- sixty-nine

- spooning
 - squirting
 - penetrative
 - strap on
 - getting laid
 - doing it
 - getting down
 - jumping bones
 - getting lucky
 - tap that
 - shag
 - boning
 - banging
 - screwing
 - nail
 - score
 - from behind
 - alluring
 - tempting
 - teasing
 - affection
 - romantic
 - tied up
 - aphrodisiac
 - desire
 - aroused
 - excitement
 - his package
 - seductive
 - passion
 - whore
 - titties
 - cleavage
 - delicious
 - juicy
 - dirty
 - vulgar
 - enticing
 - erotic
 - foxy
 - frisky
 - risqué
 - handsome
 - hedonistic
 - self-indulgence
 - impulsive
 - lush
 - luscious
 - lustful
 - promiscuous
 - provocative
 - racy
 - raunchy
 - lewd
 - ravishing
 - saucy
 - sensuous
 - steamy hot
 - passionate
 - slut
 - sultry
 - voluptuous
 - horny
 - balls
 - tip
 - cuddling
 - squirting
 - tight
 - deep
 - cunt
 - bang
 - bone
 - shag
 - having sex
 - spread apart
 - plunged into
 - ravaged
 - shove in
 - enter
 - thrust
 - probe
 - impale
 - insert
 - pierce
 - quivering
 - erupting
 - jerking
 - pulsating
 - swelling
 - between legs
 - womb
 - mound
 - moisture
 - inner lips
 - clit
 - groin
 - rod
 - phallus
 - testicles
- Other words:

Educational Disclaimer: This material is for educational purposes only and is not medical, psychological, or therapeutic advice. It does not replace professional care or establish a therapeutic relationship. Please consult a qualified professional for personalized support.